

JFJ ELITE GYMNASTICS

SUMMER 2009

June 1st through July 31st

"Rejoice in that day and Jump for Joy, for great is your reward in heaven." Luke 6:23

www.jfjelite.com

3314 Old Columbiana Road

Hoover, Alabama 35226

(205) 979-7969

OUR PROGRAMS

Preschool Gymnastics

Our Preschool Program is designed to provide children ages 18 months to 5 years with fundamental gymnastics skills. Our classes encourage the development of fundamental and gross motor skills through the use of activities, music, an obstacle course, and one on one instruction. We offer the following classes: Play With Me – 18 months to 3 years, Wee Tots – 3 year olds, and Preschool 1 & 2 – 4 & 5 year olds.

Recreational Gymnastics

Our Recreational Program highly emphasizes the use of proper technique and skill progression to develop young athletes. Our curriculum is based upon guidelines established by USA Gymnastics. All class placements are based upon skill level rather than age. We offer the following classes: Beginner, Advanced Beginner, Intermediate, and Advanced Intermediate.

Trampoline and Tumbling (T&T)

Our Trampoline and Tumbling Program offers a curriculum that includes power tumbling, double mini, and trampoline. We offer the following classes: Level 1, Level 2 and Level 3.

REGISTER NOW

- *To be enrolled: 1. Complete form. 2. New students complete white registration form in the office.
3. Return **with payment** to JFJ Elite Gymnastics - 3314 Old Columbiana Road - Hoover, Alabama 35226
Phone (205) 979-7969

Student's Name: _____ Age: _____ DOB: ____/____/____ Home # _____

Parent's Name _____ Address: _____ Cell/Work #: _____

FULL SUMMER:

Please list the day and time for each class

Payment must be received in order to reserve class.

1.) Day: _____ Class: _____ Time: _____

2.) Day: _____ Class: _____ Time: _____

3.) Day: _____ Class: _____ Time: _____

4.) Day: _____ Class: _____ Time: _____

5.) Day: _____ Class: _____ Time: _____

CAMP: Please list the session, day and time for each camp week

1.) Session: ____ Class: _____ Time: _____

2.) Session: ____ Class: _____ Time: _____

3.) Session: ____ Class: _____ Time: _____

4.) Session: ____ Class: _____ Time: _____

5.) Session: ____ Class: _____ Time: _____

NEWLY ENROLLING STUDENTS MUST FILL OUT A COMPLETE REGISTRATION FORM AVAILABLE IN THE MAIN OFFICE